



Fitness & Fun in Denver & Cities of the Rockies

6 days

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For those who love fitness and fun in Colorado's beautiful outdoors, this itinerary is for you. Work up a sweat in the morning at some unique Colorado locations and then unwind in the afternoons and evenings in Brighton, Greeley, Fort Collins, Estes Park, Loveland, Boulder, Golden and Denver.

Sustainability Activity

5 Steps to Care for Coloradans:

As Colorado continues to take steady and thoughtful steps to reopening, the health and safety of visitors remains our highest priority. Here are some ways to be conscientious and caring on your adventures, while ensuring you make the most out of every second of your vacation. [Learn More >>](#)

Day 1

ACTIVITY

Barr Lake State Park

Barr Lake State Park has been known as a premier bird-watching area. A trail circles the lake, offering prime wildlife viewing and lots of fishing access. Motor limit for boats.

LUNCH

La Estrellita - Brighton

It has been nearly three decades since opening in Brighton, and La Estrellita has won multiple awards ranging from our friendly service, to our authentic pork green chile. We can't wait to serve...

Insider's Tip

Drive to Greeley: Hop on the road and drive a little under an hour to downtown Greeley.

ACTIVITY

Hike the Poudre River Trail

Traverse this 21-mile paved pathway for scenic recreation opportunities like walking, running, cycling and more. Stop at informational signs marking historical sites and educational opportunities along the way.

COTREX

[Map the Trail](#)

DINNER

WeldWerks Brewing Company

WeldWerks Brewing Company is an award-winning, locally owned and operated craft brewery in historic downtown Greeley. We execute our unique and original product line with the highest quality...

ACTIVITY

Head to Fort Collins

Drive from Greeley to downtown Fort Collins and then take a little walking tour of the neighborhoods to stretch your legs.

LODGING

The Elizabeth Hotel

The Elizabeth Hotel is where Fort Collins comes together. Situated in the center of Old Town, the cornerstone of Firehouse Alley, our Fort Collins hotel is the beat of the city's heart....

Day 2

BREAKFAST

Doug's Day Diner

It's not home, it's not work; it's your "third place," where you're taken care of. We welcome you to visit and make our food a part of your tradition.

ACTIVITY

Hike Horsetooth Reservoir

At 5,430-feet in elevation, Horsetooth Reservoir sits on acres and acres of public land waiting for you to hike. Snap photos as the sun begins to rise over the rock formations and glistening water.

COTREX

[Map the Trail](#)

LUNCH

Austin's American Grill

Whether watching the world go by on the patio Downtown, or getting away from it all in the bar at Austin's South - we're proud to be one of Northern Colorado's favorite destinations.

ACTIVITY

Explore Lake Loveland

Take a walk around Lake Loveland or don your swimsuit and walk into the shimmering water.

DINNER

Door 222

?Each time I've been to Door 222 Food & Drink, I've been thrilled with each and every dish. It's a delectable experience that is truly worth the drive from Fort Collins?

ACTIVITY

Visit the LOVE Lock Sculpture

Buy a lock, write your names on it and attach it to this bright red, metal LOVE sculpture. This way you'll always be able to visit Loveland and remember the love.

LODGING

The Fernweh Inn & Hostel

The Fernweh is an inn & hostel that offers both private and shared rooms, and prides itself on being exceptionally clean, safe, and comfortable. Located in Downtown Fort Collins, the Fernweh...

Day 3

BREAKFAST

Cheese Importers

Cheese Importers is a Colorado family-owned business founded in 1976. We offer natural, organic and imported cheeses, cured meats, specialty oils, spices, olives, chocolate, and other unique...

ACTIVITY

Hike Roosevelt National Forest

Explore miles upon miles of scenic trails through pristine wilderness with rugged mountain and Cache La Poudre River views.

Insider's Tip

Bucket-List-Worthy Fun:

Experience the adrenaline-pumping action of jumping out of a plane and viewing the Rocky Mountains from above as you free fall from 17,500 feet in the air.

LUNCH

Next Door American Eatery

We created Next Door American Eatery as a casual, informal restaurant that could become part of people's everyday lives. A place where they can grab a beer at the bar, stop in for a bite and gather...

Insider's Tip

Get in Your Car: Drive to Estes Park, where you'll spend the rest of the day.

ACTIVITY

Shopping on Estes Park's Main Street

Shopping in Estes Park takes on a festival feeling as you stroll up and down the street, peeking into small shops where each one offers something different. Browse an amazing variety of goods from handcrafted Southwestern arts to unique giftware and fine apparel.

DINNER

Bird & Jim

At Bird and Jim, we are defining Colorado cuisine with our ever-evolving seasonal and ingredient-driven menus sourced from the Front Range of Colorado and beyond.

ACTIVITY

Historic Stanley Hotel Night Tour

Immerse yourself in the same rich story of the historic Stanley Hotel... After dark! This 75 minute walking tour will introduce you to Mr. F.O. Stanley, his wife Flora, Stephen King, and other noteworthy visitors of last 110 years.

LODGING

The Stanley Hotel

The Stanley Hotel, listed on the National Register of Historic Places, offers old-world charm matched with modern day amenities in a spectacular mountain location. The Stanley offers something...

Day 4

BREAKFAST

Notchtop Bakery & Cafe

Our natural, made from scratch recipes, using organic ingredients when possible, takes a while to prepare. So enjoy the view, read a book, talk to a stranger, or just relax and contemplate life,...

ACTIVITY

Peak To Peak Scenic and Historic Byway

Views of the Continental Divide and its timbered approaches.

Insider's Tip

Turn Off: Don't forget to turn off in Nederland so you end your journey in Boulder for lunch.

LUNCH

The West End Tavern

Named Best Bar by 5280 magazine and The Daily Camera, as well as One of the Top 10 New Restaurants in Denver, the classic American tavern is reborn! This is the go-to downtown Boulder spot for...

ACTIVITY

Boulder Bike Tours

Experience the best of Boulder with a two-hour e-bike city tour. Other tour types include a weekly farm tour, plus scenic mountain-bike and road-bike trips.

DINNER

Rio Grande Mexican Restaurant Boulder

The Rio combines healthy and delicious TexMex food prepared fresh with famous margaritas.

ACTIVITY

Avery Brewing Company

We are dedicated to making beer from the inside out: we brew what we like to drink-with utter disregard for what the market demands-and search out fans with equally eccentric palates.

LODGING

St Julien Hotel & Spa

St Julien Hotel & Spa, located in the heart of downtown Boulder, Colorado, sits at the base of the Flatiron Mountains and offers breathtaking views and world-class accommodations. The hotel is...

Day 5

BREAKFAST

Snooze an A.M. Eatery Boulder

A breakfast and lunch restaurant and eatery focused on energetic atmosphere, engaging service and above all innovative.

ACTIVITY

Hike Flagstaff Mountain

Summit Flagstaff on a 5.4-mile trail via Gregory Canyon so you can see downtown Boulder and colorful wildflowers if they're blooming.

COTREX

[Map the Trail](#)

LUNCH

Chautauqua Dining Hall

The dining hall offers American cuisine from morning until night as well as a full bar inside Chautauqua Park.

Insider's Tip

Little Drive: Get on the road and speed down to Golden.

ACTIVITY

Barrels and Bottles Brewery

We are a small brewpub in downtown Golden. We serve delicious, fresh food; we also have 26 beers on tap, 26 wines on tap (to include wine slushies). We are located right across the street from...

DINNER

Sherpa House Restaurant and Culture Center

Feast on classic Himalayan dishes as you explore the richness of Sherpa culture!

ACTIVITY

Take a Stroll

Walk through historic downtown Golden for views of Clear Creek and a shot with the iconic sign.

LODGING

Origin Hotel Red Rocks

Here our rocks are red, our outlook is sky high, and our beer is ice cold. In fact, here in Golden, Colorado more beer is brewed than any other town in America. Come for a concert at the iconic Red...

Day 6

BREAKFAST

Sassafras American Eatery, Downtown Golden

Satisfying and delicious breakfast and lunch. Stop by for our down home menu and enjoy our farm-to-table concept and fresh cocktails.

ACTIVITY

Hike around Red Rocks

Run up and down the bright red rocks or take off on one of the many trails that surround the amphitheater.

COTREX

[Map the Trail](#)

Insider's Tip

Take off for Downtown: From Red Rocks, drive to downtown Denver for even more fun.

LUNCH

Osteria Marco

OSTERÍA MARCO, named for the youngest Bonanno son, opened its doors just in time to celebrate Marco's fourth birthday in October, 2007. Chef-proprietor Frank Bonanno wanted to complement his...

ACTIVITY

Larimer Square

Victorian buildings house specialty boutiques, unique-concept dining and one-of-a-kind shops in the heart of Denver.

DINNER

JAX FISH HOUSE & OYSTER BAR

Named One of the Best Seafood Restaurants in the US by Travel & Leisure Magazine, voted to the top 10 Best Restaurants in Denver by 5280 Magazine, and named Best Seafood Restaurant by Westword...

ACTIVITY

Terminal Bar

Step inside this exquisitely restored ticketing office in Union Station for a delicious craft beer. Patrons are now able to step up to the window to purchase a brew from the extensive draft-beer collection.

LODGING

The Crawford Hotel

The Crawford Hotel in Denver Colorado is the newest Union Station Denver Hotel, located just steps away from all the best Denver has to offer!

Hello World.

Source URL: <https://www.colorado.com/colo-road-trips/fitness-fun-denver-cities-rockies>