Journey to parts of Boulder usually only frequented by locals in this neighborhood tour.

**Sustainability Activity**

**Volunteer at a Park:**
Help with forest restoration, seed collection, farming, trail repair and more through Boulder Open Space and Mountain Parks' ongoing and well-organized volunteer programs.

**Day 1**

**ACTIVITY**

**Start With a Hike**

Stop by Settler's Park for a hike along the Red Rocks Trail. You'll see out-of-this-world geologic structures and views for miles around.

**COTREX**
Map the Trail

**LUNCH**

**Roxie's Tacos**

Roxie's Tacos serves up a playful harmony between the flavors of Mexico and India. We offer tacos, grilled burritos, nachos, and rice bowls loaded with your choice of our handcrafted curries and...

**ACTIVITY**
Explore CU's Campus and The Hill

The University of Colorado's campus is beautiful in any season, and you should continue looking at beauty at the CU Art Museum. Check out the Hit the Bricks LEGO exhibit before stopping by Albums on the Hill, a record store more than 30 years old. End the afternoon at Innisfree Poetry Cafe and Bookstore, where the coffee is always flowing.

DINNER

Cafe Aion

The traditional Spanish tapa is a simple but beautiful offering. Its presentation is honest and straightforward, its preparation a tribute to the craft and techniques developed over centuries in...

Insider's Tip
Cutthroat Kitchen: Cafe Aion's chef, Dakota Soifer, was the champion chef in season four of Cutthroat Kitchen.

ACTIVITY

Fox Theatre

Since its original construction in 1926, the Fox Theatre has been a vaudeville theatre, a dance hall and even a cafeteria. Today, it's as a popular stop for national touring bands and up-and-coming artists, with an intimate seating capacity of just 625. Rolling Stone magazine called it one of the best small venues in the country. Check the theatre's site to see who's playing when.

LODGING

Boulder Adventure Lodge

The Boulder Adventure Lodge offers a beautiful and unique mountain setting along a peaceful creek, just five minutes from Downtown Boulder and the University of Colorado. Perfect for family...

Day 2

BREAKFAST

Aperitivo

We are proud to offer you the global fusion cuisine from around the world. Ingredients are hand selected by our chefs with the highest quality to serve you the best of our creations.

ACTIVITY

Celestial Seasonings Cafe and Free Tours
Take a free tour of the largest specialty-tea factory in the United States. Art, gallery, tea sampling, gift shop, cafe, herb garden. Open daily. Children must be 5 years of age.

**LUNCH**

**Raglin Market**

At Raglin Market, we thrive on sourcing the majority of our products and ingredients within 50 miles of our location. We thrive on creating partnerships with neighboring farms and teaming up with...

**ACTIVITY**

**Lift Chocolate**

Lift is a specialty chocolate company that prides itself on creativity, unique and classic flavor combinations, and making everything in house from our custom mix of chocolate to our housemade...

**DINNER**

**Avery Brewing Company**

We are dedicated to making beer from the inside out: we brew what we like to drink--with utter disregard for what the market demands--and search out fans with equally eccentric palates.

**ACTIVITY**

**Stroll NoBo Arts District**

Stroll through North Boulder, popping into art galleries and local shops before stopping to park-and-sip at Settembre Cellars, Bookcliff Vineyards, Boco Cider and Upslope Brewing ? all located on one block of Lee Hill Drive.

**LODGING**

**Boulder Adventure Lodge**

The Boulder Adventure Lodge offers a beautiful and unique mountain setting along a peaceful creek, just five minutes from Downtown Boulder and the University of Colorado. Perfect for family...

Day 3

**BREAKFAST**

**Blackbelly**

Blackbelly Market is the first restaurant by award-winning chef Hosea Rosenberg. Our menu is founded upon locally-sourced, sustainable, organic food. Our bar features seasonal cocktails, local...

**ACTIVITY**
Bike on the Path Less-Traveled

Bike under the bright Colorado sun, through Boulder on Goose Creek Path.

COTREX
Map the Trail

Insider's Tip
Pick Up Lunch: Grab your lunch before your bike ride at LeFrigo where the vast selection of imported cheeses, meats and olives will make you want to eat everything in sight.

LUNCH

LeFrigo

Le Frigo is a gourmet food market and Deli with a unique selection of European products. From delicious pasta or olive oils from Italy, Chorizo or Anchovy stuffed olives from Spain or mustards and...

ACTIVITY

Go on a Craft Spirits Tour

Indulge in some craft beverage tastings and tours at J&L Distillery, Deviant Spirits, Elwood Distilling and Vapor Distillery.

DINNER

BRU handbuilt ales & eats

Bringing together the art of food and beer. At BRU handbuilt ales & eats Beer Chef Ian Clark pairs his passion and knowledge for deliciously crafted food with his never filtered, naturally...

Insider's Tip

Have Dessert:
Visit the Heifer and the Hen, Bru's sister establishment, next door for unique ice cream flavors and indoor swings.

ACTIVITY

See a Film

End your night with an arthouse movie at the Boedecker Theater. If it's a Friday, make sure to check out their "Friday Night Weird" presentation.

LODGING
Boulder Adventure Lodge

The Boulder Adventure Lodge offers a beautiful and unique mountain setting along a peaceful creek, just five minutes from Downtown Boulder and the University of Colorado. Perfect for family...

Hello World.

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