

## FOCUS ON WELLNESS

Thermal hot springs flow abundantly throughout Western Colorado. Soaking in natural mineral water is a time-honored tradition used to enhance wellness. Many people believe that these balneology practices help to prevent illness and treat ailments. One thing is for sure, relaxation is the ultimate goal.



## TAKE SEVERAL SOAKS

This 720-mile (1160-km) loop showcases the premier hot springs attractions in the state. There is so much variety year-round; from intimate private baths, to the world's largest mineral hot springs pool. Each of the 19 facilities offers unique features like vapor caves, hot pots, terraced pools, enormous travertine formations and fun-filled aquatic centers.



## PLAY IN THE ROCKY MOUNTAINS

The mountain scenery is inspirational throughout this region. A large portion of the drive travels along four designated Colorado Scenic Byways through numerous National Forests. Explore each of the five destinations on hiking, biking or 4-wheel drive trails. Babbling streams are teeming with fish. Fast-flowing rivers thrill whitewater enthusiasts. When the snow falls, skiing, snowmobiling and ice climbing are popular activities.



## LEARN ABOUT THE PAST

There is a strong connection to Native Americans here. Hot springs were sacred grounds. Several National Parks and Monuments pay homage to these ancient cultures. Trains, mining, ghost towns and western heritage are an important part of the past and are well-preserved.



## TRY NEW CUISINE

There aren't a lot of chain restaurants in these small towns, but there are plenty of microbreweries! And food is an art form, using locally grown products.



## DO A HOT SPRINGS ROAD TRIP

Take a week or two to really experience the **Colorado Historic Hot Springs Loop**. From Denver, begin your itinerary in Chaffee County - the communities of **Buena Vista**, **Nathrop** and **Salida**. Then travel south to **Pagosa Springs**. **Ouray** and **Ridgway** are the next stops. Onward to **Glenwood Springs**. Finally, **Steamboat Springs** completes the journey.



# COLORADO *Historic* HOT SPRINGS LOOP



[www.Colorado.com/HotSpringsLoop](http://www.Colorado.com/HotSpringsLoop)





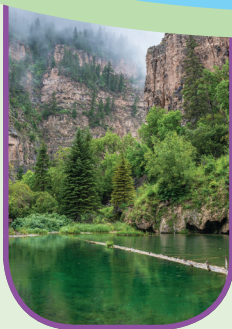
## GLENWOOD SPRINGS



## STEAMBOAT SPRINGS



## CHAFFEE COUNTY: Buena Vista, Nathrop, Salida



This resort town revolves around water. Thermal highlights include **Glenwood Hot Springs**, the world's largest mineral hot springs pool; **Iron Mountain Hot Springs** with 16 soaking pools; and **Yampah Spa & Vapor Caves**, a rare naturally-occurring underground steam bath.

Top attractions are Glenwood Caverns Adventure Park with ornate caves and the highest elevation roller coaster in North America, Colorado River whitewater rafting and Hanging Lake.

[www.visitglenwood.com](http://www.visitglenwood.com)

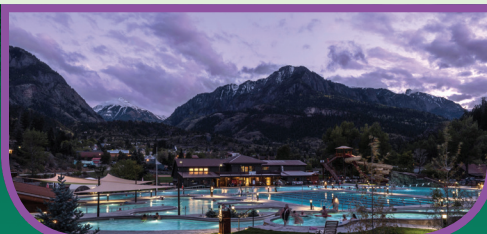
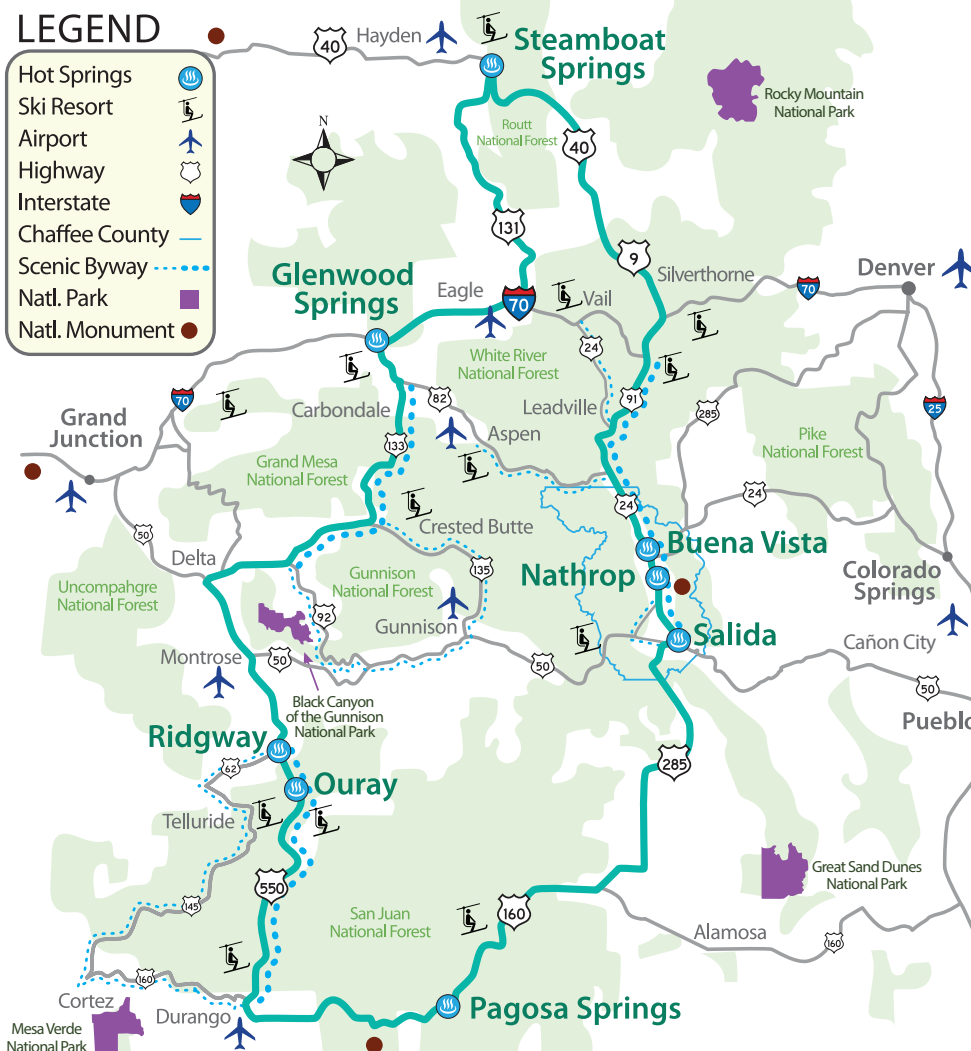
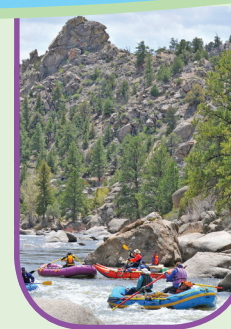
It's a genuine western setting off the beaten path. From world-class mountain biking and skiing to breathtaking hiking to the refreshing beauty of the hot springs, rivers and lakes. Festivals celebrate hot air balloons, rodeos, libations and music. Take a dip in the downtown **Old Town Hot Springs** multi-use complex with two waterslides. For a rustic wilderness setting, soak at the creekside **Strawberry Park Hot Springs**.

[www.steamboatcchamber.com](http://www.steamboatcchamber.com)

Fifteen 14,000-foot peaks and Colorado's most popular whitewater rafting river, the Arkansas, dominate this region. At **Mount Princeton Hot Springs Resort** pick from numerous geothermal pools or find a hot pot in Chalk Creek.

**Historic Cottonwood Hot Springs** first opened in 1878. **Salida Hot Springs Aquatic Center** is one of the largest indoor hot spring pools in the country. For a completely private experience reserve **Alpine Hot Springs Hideaway**, **Antero Hot Springs Cabins** or **Creekside Hot Springs Cabin**.

[www.colorfulcolorado.com](http://www.colorfulcolorado.com)

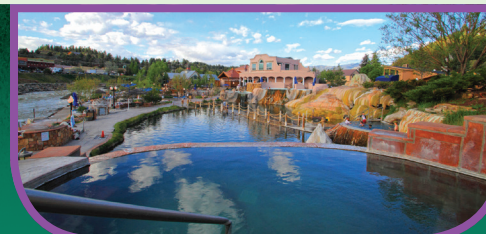


## OURAY AND RIDGWAY

Soak in the odorless, sulfur-free **Ouray Hot Springs Pool**. Take a steam in the vaporcave at **The Historic Wiesbaden Hot Springs Spa & Lodgings**. Soak au naturel at **Orvis Hot Springs**. Hotels offering private mineral pools are **Twin Peaks Lodge & Hot Springs** and **Box Canyon Lodge & Hot Springs**.

Known as "the Switzerland of America," Ouray is the Jeeping Capital of the World. The Ouray Ice Park offers the best ice climbing in Colorado.

[www.ouraycolorado.com](http://www.ouraycolorado.com)



## PAGOSA SPRINGS



Surrounded by 2.5 million acres of wilderness and national forest, Pagosa Springs is the official home to the world's deepest hot springs. **The Springs Resort and Spa** has 23 terraced hot springs pools alongside the San Juan River. **Overlook Hot Springs** offers rooftop tubs and Victorian-style mineral baths. **Healing Waters**

**Resort & Spa** features a large outdoor pool and European-style steam rooms. Many local businesses utilize the abundant geothermal heat.

[www.visitpagosasprings.com](http://www.visitpagosasprings.com)